

HOW MONEY MENTORS WORKS

ONE-ON-ONE COACHING

+ Money Mentors is designed to fit with your schedule. You and your coach will schedule your sessions together each month.

+ Coaching sessions can take place **in-person, over the phone, or virtually.**



PEER SESSIONS

+ 1 hour of learning and collaboration with peers in the program each month. Sessions are virtual and facilitated by program staff.

+ Topics include: **budgeting, credit, savings, behavior change, goal setting, and more.**



Attend your one-on-one and peer sessions once a month for a minimum of six months.

HOW TO APPLY

Scan the code or visit prepareandprosper.org/money-mentors to learn more and apply.

Once you've applied, we'll follow up with you.



651-262-2152
www.prepareandprosper.org

Prepare + Prosper

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MONEY \$ MENTORS

free financial coaching



- + Take control of your money
- + Focus on your financial future
- + Receive judgement-free help
- + Redefine your relationship with money

PREPARE + PROSPER

WORKING TOWARD A BRIGHTER FINANCIAL FUTURE

WHAT IS FINANCIAL COACHING?

Financial coaching is an individualized process that helps people **take action to reach their financial goals**. Volunteer financial coaches and participants share equal power in the coaching relationship.

A financial coach's role is to **provide encouragement, support, and accountability** in order to help participants achieve their goals. Financial coaches work with participants to focus on **reducing barriers, changing behaviors, and creating positive, long-term financial habits**.

If you're highly motivated and ready to make changes, Money Mentors may be a great fit for you in your financial life!

HOW TO APPLY

Scan the code



or visit

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A FINANCIAL COACH WILL PARTNER WITH YOU TO:

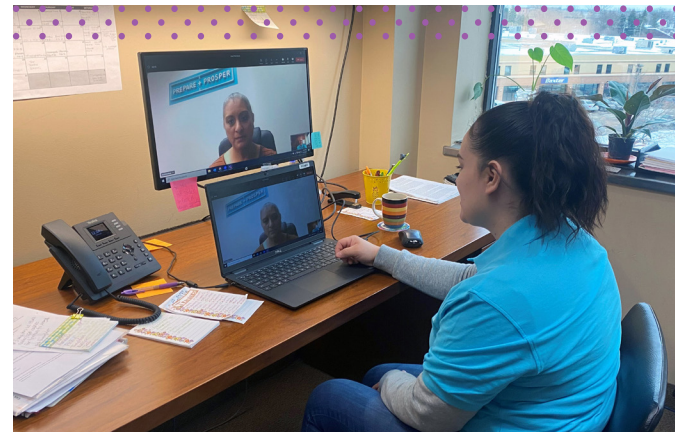
- + get organized
- + stay accountable
- + take action
- + boost credit
- + reduce debt
- + increase savings
- + control spending
- + reach goals

A FINANCIAL COACH WON'T:

- + tell you what to do or how to do it
- + act like they're an "expert" in your financial life
- + offer professional financial or legal advice
- + help with investments, bankruptcy, wills, or trusts
- + negotiate with creditors about your debt

“*My coach has been amazing to work with, she has been encouraging and empowering as I work towards my goals.*”

“*Having a Mentor makes all the difference to help me be accountable and stay on track.*”



IS MONEY MENTORS RIGHT FOR ME?

- Can you name a **financial goal** you want to reach?
- Do you have enough income to cover your **basic expenses**?
- Are you willing to **invest time and energy** to reach your financial goal?
- Are you willing to potentially **make tough decisions** to improve your financial situation?
- Are you willing to **meet and communicate** each month with a financial coach for at least 6 months?
- Do you make less than **\$55,000** a year as an individual or **\$75,000** as a family?

